

**Venerable Shangpa Rinpoche at Karma Shedrup Choeling 2018  
Teachings on Lodjong (mind-training) and Guru Rinpoche empowerment**

Thursday 2nd August

8 pm about Rinpoche arrives at Center

Friday 3rd August

7.30 am Breakfast  
9.30 am – 12 noon Registration, Practical preparations and any self practice  
12 noon Lunch  
2 pm - 3 pm Teaching, start of program  
Tea break  
3.30 pm - 4.30 pm Teaching  
6 pm Dinner  
8 pm Group Mahakala or any self practice

Saturday 4th August

7.30 am Breakfast  
9.30 am - 10.30 am Teaching  
Tea break  
11 am - 12 noon Teaching  
12.30 pm Lunch  
2.30 pm - 3.30 pm Teaching  
Tea break  
4 pm - 5 pm Teaching  
6 pm Dinner  
8 pm Guru Rinpoche empowerment “Union of all Jewels”  
(tib. Konchog Chidu)

Sunday 5th August

7.00 am Breakfast  
9 am - 10.30 am General Assembly or any self practice  
11 am - 12 noon Teaching  
12.30 pm Lunch  
2.30 pm - 3.30 pm Teaching  
Tea break  
4 pm - 5 pm Teaching, completion of program  
6 pm Dinner  
8 pm Group Mahakala or any self practice

Monday 6th August

7.30 am Breakfast  
Before noon Rinpoche leaves from Center  
Be aware that the above times are subject to change, if necessary